

Report on Mega Yoga - Naturopathy Camp

School of Applied Sciences and Department of Physical Education in association with Ministry of AYUSH, Government of India had organized **Mega Yoga** - **Naturopathy Camp** on 29th March 2021 for the benefit of all Students and Staff. Soon after inaugural session, a workshop was organized in the morning session (9.30AM to 11.00AM) at **Rangasthala**, REVA University campus.

Inauguration was presided over by Hon'ble Chancellor Dr.P Shyamaraju and Dr.Naveen K Visweswaraiah, National President Indian Naturopathy and Yoga Graduates Medical Association was invited as Chief guest for the event along with Vice Chancellor DR.M Dhanamjaya and Registar DR.N.Ramesh. Deans, Directors and Assistant Directors witnessed the event. More than 250 students and faculty members participated in the event.

The inaugural event was concluded with presidential remarks by Hon. Chancellor Dr. Shyama Raju wherein sir reiterated about benefit of yoga and appropriate diet on regular basis to attain healthy mind and body, a key points to achieve goals.

Dr.Naveen K Visweswaraiah has conducted more than 2500 Yoga workshops across the globe (India and Abroad). Dr.Naveen K Visweswaraiah, in his speech emphasized that one should start practicing Yoga and Naturopathy from young age which will benefit the youth in terms of healthy mind and body leading to attain successful and focused professional and personnel life.

School of Applied Sciences and Department of Physical Education, express heartfelt thanks to our beloved Chancellor Sir for his Stewardship, vision, commitment and continuous support. Thank to our Vice Chancellor sir for his continuous support and encouragement. Thanks to our Registrar sir for his un-stinted support and motivation.

Gimps of the Events:











