

REVA Run on the Occasion of National Sports Day

The Department of Physical Education and Sports, NCC, and NSS Unit of REVA University organized "REVA Run on the Occasion of National Sports Day on August 29, 2023. More than 155 people participated in the event.

REVA University participated in the Fit India Movement REVA Run on August 29, 2023, which began at 6.30 AM and continued until 7.45 AM. Dr. M. Dhanamjaya, Vice Chancellor of REVA University, along with dignitaries, students, faculty members, and other staff, took the fitness pledge at the REVA Run with other dignitaries. Directors, students, faculty members, and staff of REVA University also participated in the program and supported the cause wholeheartedly.

The Vice Chancellor Dr. M. Dhanamjaya addressed the gathering by explaining the importance of fitness in everyone's life and a regular fitness regime. He also informed the crowd about his fitness regimen and experiences. Everyone, including the staff and students, participated in the 'REVA Run'. The main events were the 5K Run for men above 35 and below 35 and the 3K Run for women above 35 and below 35. The Zumba fitness program was conducted as a warm-up and cool-down exercise at the end of the event.

REVA University always supports social causes that bring about positive change in society. The university followed PM's vision, believing it to be a social responsibility, and contributed to the movement. At REVA, the efforts will be continued by incorporating sports, physical activities, and exercises into the daily routine on campus. The university will spread awareness of the necessity of physical fitness on campus and urge everyone to support the cause. The Department of Physical Education, NCC, and NSS Unit of REVA University thank our beloved Chancellor for his stewardship, vision, commitment, and continuous support.





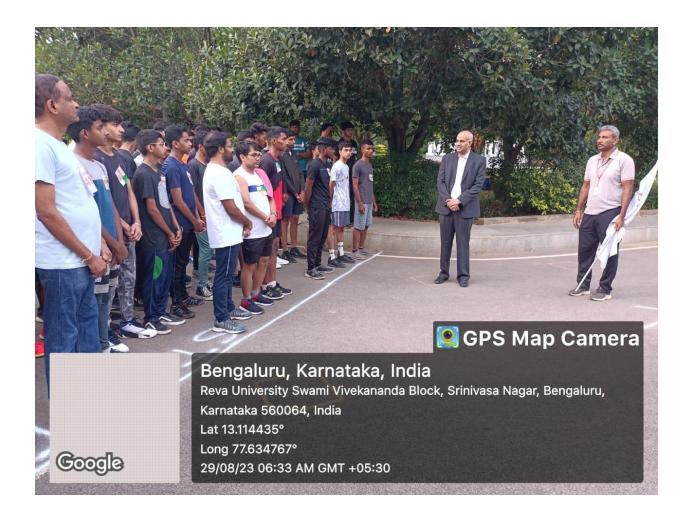
National Sports Day

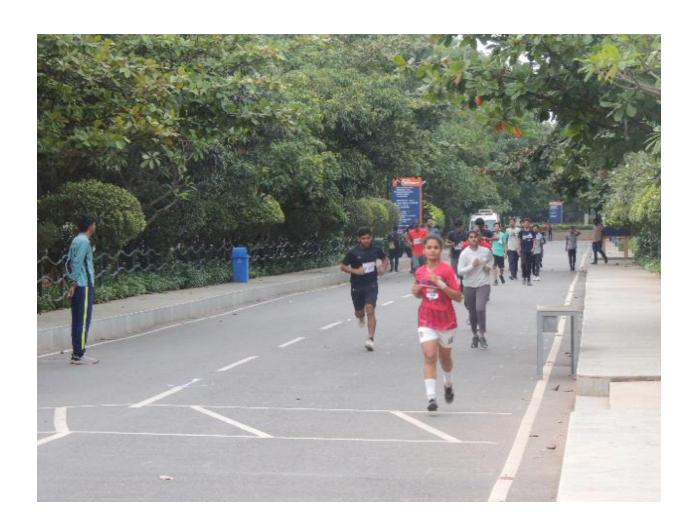


Rukmini Educational Charitable Trust

www.reva.edu.in



























FIT INDIA MOVEMENT



CERTIFICATE OF APPRECIATION

Awarded to ...

REVA UNIVERSITY

for organising sports and fitness activities on the occassion of

NATIONAL SPORTS DAY 2023

(21st - 29th August 2023)



#NationalSportsDay