



Elevate Your Career

with B.Sc. (Hons) Sports & Exercise Science

Unlock your potential with our B.Sc. (Hons) Sports & Exercise Science programme, where theory meets practice. This comprehensive programme delves into Human Movement, Exercise Physiology, Sports Performance, Sports Psychology, Sports Nutrition, and related areas

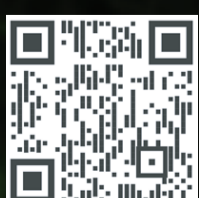
Why Join Us?

- Integrated Learning: Curriculum blending core and multidisciplinary courses
- Skill Development: Hands-on training to refine practical skills
- State-of-the-Art Equipment: Advanced sports science tools, including VALD and GymAware
- Real-World Experience: Internships and research projects
- Evidence-Based Practices: Learn cutting-edge, evidence-based techniques

Career Opportunities

- Sports Scientist
- Strength and Conditioning Coach
- Exercise Physiologist
- Sports Psychologist
- Sports Nutritionist
- Sports Coach
- And More...

**First University in India
to use VALD Technology,
Australia.**



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Industry Collaboration



YOS Sports
Health
Specialists