



Report On
Staff & Faculty wellness Program

School/Department: **Department of Physical Education and Sports /School of Allied Science - Nutrition and Dietetics Program**

Venue: REVA Kalpana Chawla Seminar Hall

Date: 10th August.

Year: 2024

Description of Event:

We are happy to inform you that, the Department of Physical Education and Sports, **School of Allied Science - Nutrition and Dietetics Program** are jointly organizing "**Faculty Wellness Program on 10th August 2024 at REVA Kalpana Chawla Seminar Hall.**

Session 1: **Optimal Nutrition & Mindful Eating**

Time: 10.00AM-11.00AM

Session 2: **Daily Calorie Intake Insight**

Time: 11.15AM-12.15PM

We extend our heartfelt gratitude to our Honorable Chancellor, **Dr. P. Shyamaraju**, for his invaluable support in organizing the REVA Faculty Wellness Program 2024. We also thank our Pro Chancellor, **Shri. Umesh Raju**, for his guidance and support in this endeavor. We are honored by the presence of our Vice-Chancellor, **Dr. N. Ramesh**, alongside our chief guest, **Ms. Edwina Raj**, Head of Services - Clinical Nutrition & Dietetics, and **Dr. Sikandar Mulla**, HOD of the School of Allied Health Sciences, as well as other esteemed dignitaries. Our appreciation also goes to the Nutrition and Dietetics Program faculty and students of the School of Allied Health Sciences for their dedicated support and contributions to this project.

Registration Link:

<https://forms.office.com/r/GwNS6sZfWq?origin=lprLink>



Department of Physical Education & Sports

In association with

School of Allied Health Sciences - Nutrition and Dietetics Program

Faculty Wellness Program

Guest Speaker

Ms. Edwina Raj

Head of Services- Clinical Nutrition & Dietetics
Aster CMI Hospital.

Venue

Kalpana Chawla Seminar Hall



Session 1

**Optimal Nutrition
& Mindful Eating**

Date: 10th August 2024

Time: 10.00AM-11.00AM

SCAN TO REGISTER!

Session 2

**Daily Calorie
Intake Insight**

Date: 10th August 2024

Time: 11.15AM-12.15PM

Staff Registration List



Department of Physical Education & Sports

Staff and Faculty Wellness program

Date: 10.08.2024

Sl No.	Name	Employee ID	School	Mobile No
1	Dr. Indhu S.U	REVA02655	Civil Engg / Alumni VP	9845787594
2	Shreethi N.T	REVA01221	Receptionist	9538145508
3	Yamuna	REVA01865	Front office executive	7975551827
4	Vijeta. V	REVA03058	Alumni Cell Executive.	9486742302.
5	DIVA HEMANTHARAJ	REVA02207.	ARCHITECTURE	9986182970.
6	Mahamad Imtyaz	REVA00900	ARCHITECTURE	9844784432
7	Narajanswamiy B	REVA00437	Mechanical Engg	8904496906
8	Dr. Muthi Reddy P	REVA02611	SOCIT	9964708303
9	Dr. Vaghavanth. R	REVA02913	SOCIT	9916643435
10	Malini Survalva	REVA08126	SOCIT	8151995313
11	Seema Sharat		Fitness Trainer	9845181418
12	Saahithi. S	REVA00325	EEE	9663329034.
13	Nayana. D. K.	REVA00661	ECE	9945299366
14	Manasa. K N	REVA02421	CSE	9066651733
15	Dr. K. Amuthabale	REVA01942	CSE	8904563992
16	Suneetha. G.S	REVA01073	CSE	8861999596
17	Chay. Devi. J	REVA00239	CSE	9212267345
18	Penisha Shrestha.	REVA03139	School of Allied Health Sciences	73377418940
19	Aswathi P	REVA03154	School of AHS	8129552779.
20	Dr. Ramayjyothi	REVA02961	School of AHS	9959900589
21	Sanyas Batna	REVA02984	SOLS	8003966375
22	Rebant Jyoti.	REVA03131	SOLS	8178104713.
23	Damini. M	REVA03132	SOLS	9844524665
24	Sandhya. S	REVA03133	SOLS	8281002358
25	Dr. RAJENDRA. N	REVA02893	SOLS	7259206056
26	Shreyashi Sah	REVA00925	SOLS	9557587920
27	Dr. Sana Humad	REVA03113	SOLS	9205341230.
28	Monika Chaudhary	REVA03042	SOLS	9610966266

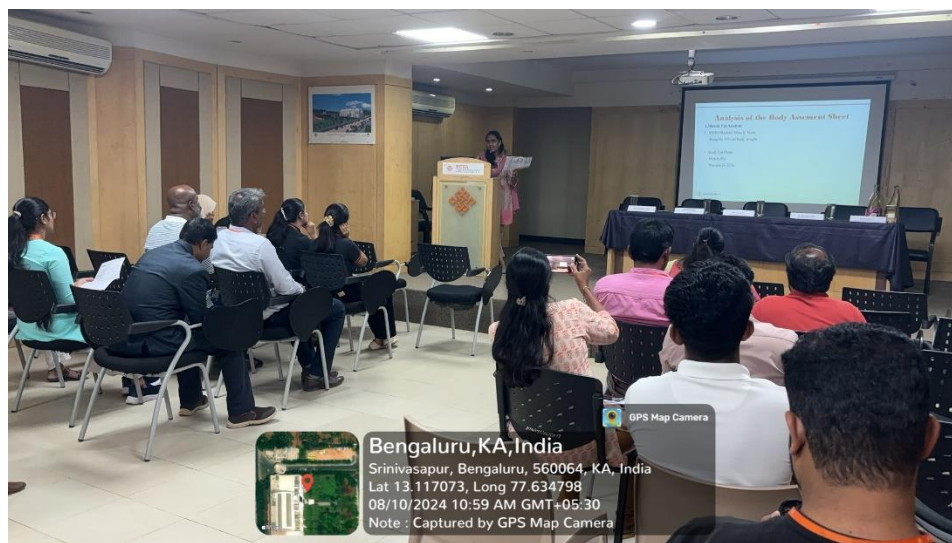
Department of Physical Education & Sports

Staff and Faculty Wellness program


Date: 10.08.2024

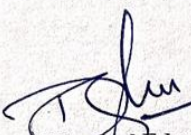
Sl No.	Name	Employee ID	School	Mobile No
29	Jhemalatha J	REVA03052	SoAHS	7892846676
30	Dr. M. A. NAGESH	REVA01791	CIVIL ENGR.	9448748333
31	Dr. NAGESH BUK	REVA00306	SOEE	9448447141
32	Pratima Ananda Shanker	REVA00338	SOCSE	9886107682
33	G C SATHISH	REVA00208	SOCSE	7899615535
34	Dr. Anand Giddaiah	REVA02246	Dept of Administration	7619251303
35	Dr. Mcene Gowda	REVA02887	Nec	9972303379
36	Prof. Samiksha Srivastava	REVA03121	SOAHSS	7321811539
37	Asst. Prof. LR Sindhana	REVA03122	SOAHSS	9573318236
38	Dr. Anurati Tyagi	REVA02298	SOLS	9346771557
39	Dr. Recha Tejaswini	REVA02331	SOLS	9972129960
40	Dr. V. Venkatesh	REVA02331	SOLS	982215572
41	Ahalya M.T.	REVA03098	SOAHS	7996583865
42	Shwetha H	REVA01341	SOAHS	9036583585
43	VARSHA KB	REVA02077	AHS	8884391267
44	Farheen Surya	R23HC009	AHS	9833348237
45	Tejaswini S	R23HC022	AHS	8121028441
46	Zoya Taj	R23HC012	AHS	9663802868
47	Saumya Tiwari	R23HC010	AHS	6393699063
48	Nahzedda Shaikh	R23HC006	AHS	8446433036
49	Shafin Ammar	REVA03112	SoAHS	9880474011
50	Sandesh	REVA03088	ICT	9880395574
51	MANILCANDANILC	REVA02988	SOAHS (Sports Science)	8610953364
52	Dr. S. S. Nividhya	REVA02796	Sports Science	889292381
53	Bijoy Chalisery	REVA02908	Allied Health Sciences	7560844005

Workshop Photos






**Assistant Physical Education
 Director**


Director of Physical Education & Sports
Director
Physical Education & Sports
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