



## INDUSTRIAL/HOSPITAL VISIT REPORT

### SCHOOL OF ALLIED HEALTH SCIENCES PHYSIOTHERAPY PROGRAM

**Dates:** April 11th to April 13th, 2025

**Location:** Bengaluru & Chikkamagaluru, Karnataka

**Total Number of Students:** 47 (6th, 4th, and 2nd Semesters)

**Faculty Accompanied:** 3

#### 1. INTRODUCTION

An educational field visit was organized by the **Physiotherapy Program, School of Allied Health Sciences** to **Mobility India – Rehabilitation Research & Training Centre** in Bengaluru and the **Government Hospital, Chikkamagaluru**. The primary goal was to provide hands-on exposure to advanced rehabilitation practices, orthotic and prosthetic technology, and Observation hospital-based physiotherapy care. The visit enabled students to gain practical insights and align their academic learning with real-time clinical applications.

#### 2. OBJECTIVES OF THE VISIT

- To familiarize students with **rehabilitation technologies** and the role of assistive devices.
- To observe **fabrication processes** of orthotics and prosthetics.
- To experience hospital-based physiotherapy settings in a **rural government setup**.
- To promote **interpersonal interaction** between budding physiotherapists and practicing professionals.
- To provide students with **first hand exposure** to orthotics and prosthetics manufacturing and fitting.
- To observe and understand **patient assessment techniques** and **rehabilitation strategies**.
- To gain insight into the **design and implementation of assistive devices** for various disabilities.
- To understand the **interdisciplinary approach** in rehabilitation care, including the role of physiotherapists in a multidisciplinary team.

#### 3. DAY-WISE ITINERARY AND ACTIVITIES

##### DAY 01 – April 11, 2025

**Venue:** *Mobility India – Rehabilitation Research & Training Centre, Bengaluru*

**Time:** 10:00 AM – 5:00 PM

- Orientation on Mobility India's mission, infrastructure, and community outreach.

- Departmental visit to the **Orthotics & Prosthetics workshop**.
- Demonstration of **gait training** and fitting of artificial limbs.
- Interactive sessions on **rehabilitation strategies and physiotherapy involvement**.

## **DAY 02 – April 12, 2025**

**Venue:** *Government Hospital, Chikkamagaluru*

**Time:** 10:00 AM – 5:00 PM

- Visit to **General Medicine, Orthopaedics, Pediatrics, and Surgery units**.
- Observation of **out-patient physiotherapy services** and in-patient rehabilitation.
- Discussions with resident physiotherapists and consultants.
- Exposure to **rural healthcare challenges and physiotherapy scope** in government setups.

## **DAY 03 – April 13, 2025**

**Venue:** *Other Departmental Visits + Revisit to Mobility India*

- Continued interaction with departments focusing on **neurological, pediatric, and community-based rehabilitation**.
- Observation of **advanced assistive devices** and patient adaptations.
- Final wrap-up with expert Q&A session and group reflections.

## **4. OUTCOMES & LEARNINGS**

- Real-time understanding of **prosthetic and orthotic design and application**.
- Enhanced knowledge of **rural physiotherapy practices**.
- Improved confidence in assessing and communicating with patients.
- Clarity on the **role of physiotherapy in a multidisciplinary team**.
- Inspiration to contribute to **inclusive rehabilitation practices**.

## **5. STUDENT & FACULTY FEEDBACK**

- Students appreciated the **diverse exposure**, especially comparing urban and rural healthcare models.
- Faculty noted strong **student engagement and professional conduct** throughout.
- The visit helped **bridge theoretical gaps** and sparked interest in rehabilitation specialties.

Feedback link

[https://forms.office.com/Pages/ResponsePage.aspx?id=wWVFR6S8IUKi9bDH2\\_JZHBwAZ4Jc\\_bU1Oo0JRQ4-2OYpUQIQxTDNHRldJQ01XRjY0T042OUw3OUZUQy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=wWVFR6S8IUKi9bDH2_JZHBwAZ4Jc_bU1Oo0JRQ4-2OYpUQIQxTDNHRldJQ01XRjY0T042OUw3OUZUQy4u)

## 6. CONCLUSION

The industrial/hospital visit was a resounding success, offering invaluable academic and clinical learning experiences. It strengthened the students' understanding of practical physiotherapy applications in both urban rehabilitation centers and rural hospital settings. Such initiatives play a crucial role in shaping competent and compassionate physiotherapists.











